

## Our People

**Richard Kay** is the Principal of Dynamic Training®, a Melbourne-based accredited training provider, and founder of Modern Combatives®, an organisation providing operational safety strategies to personnel within the security, government, corrections, military and law enforcement communities.



He has been studying martial and combative arts since 1984, and is a certified firearms instructor trainer through Victoria Police, has PPCT instructor certifications in Defensive Tactics, Spontaneous Knife Defence and Violent Patient Management, and is a certified 3<sup>rd</sup> degree black belt in CloQuBa Ha-Jutsu (the 'real world' police fighting system created by Chuck Habermehl of CQB Inc. in the USA). He has studied Systema (Russian Special Forces), Krav Maga (Israeli Defence Forces) and SAFTA (US Navy SEALs).

His martial disciplines include karate, aikido, ba gua, hsing-i, tai chi, bojutsu, iai-do and Filipino knife combat. He is a founding member of the Goshu Karate-do Yonshinkai, and holds 5<sup>th</sup> dan black belt certifications in both Gojukensha Karate (Japan) and Goju-Ryu Kakurinkan Karate (Australia). In 2007 he received an official *Shidojin* teaching license and *Bubishi* masters text in Japan from Ohtsuka Tadahiko Hanshi, 9<sup>th</sup> dan Gojukensha Karate-do Renmai, and official registration with the Japan Goju-Ryu Federation.

Richard has 15+ years experience in security operations and spent time in the ADF as an infantry soldier. In 2001 he attained the prestigious ASP Trainer Certification for law enforcement use of force training, and is currently the only qualified ASP trainer in Australia. He travels overseas regularly to further his research and development on an international scale, where he liaises with members from law enforcement agencies and specialist military units from America, Europe and Australasia. Internationally to date, he has instructed in America, Belgium, and New Zealand, and regularly conducts use of force programs in Australia for personnel from a variety of public and private agencies.

Richard has designed and implemented aggression management programs for the health and community services, and personal safety and security courses for civilians. He has consulted to organisations regarding personal safety and security for staff in high risk situations, and has provided expert opinion for investigations and legal cases involving operational use of force and training.

He maintains close links with regulatory bodies for the development of use of force policy, regulations and training, and is a regular contributor to publications, writing articles on workplace conflict, aggression management, personal security, and tactical use of force. He is a member of The International Law Enforcement Educators & Trainers Association.

in association with

[www.moderncombatives.com.au](http://www.moderncombatives.com.au)

**REAL Training for REAL Life!**



**MODERN  
COMBATIVES**

## Instructor Programs

The most comprehensive instructor programs in the industry, for those seeking to further their knowledge and skills in operational safety or progress into training. We offer instructor certification across the entire force continuum.

### Defensive Tactics Instructor

Covers instructor certifications for:

- *Empty Hand Defence*
- *Restraint & Control*
- *Handcuffs*
- *Batons*



### Firearms Instructor

Covers instructor certifications for:

- *Revolver*
- *Semi-automatic*



Instructor programs include:

- Full color manual (Operational & Training components)
- Instructor Resource CD (videos, pictures, articles, documentation)
- All administrative paperwork
- Venue hire costs

### Operational Simulation Instructor

A unique and innovative course that provides instructor certification for force-on-force training in both defensive tactics and firearms. It covers designing simulation training, safety guidelines, best practice by leading FoF systems around the world and extensive practical training in FoF simulations.



Candidates receive a detailed briefing bulletin that clearly outlines the course content, format and requirements for successful completion, and an application form. All successful candidates are certified as an *independent instructor*.

Take the next step for your career...enquire today!

# Dynamic Training

"Our experience...Your success"

## Operational Safety Training



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[www.dynamictraining.com.au](http://www.dynamictraining.com.au)

# Operational Safety

Professional officers operate with *confidence*, which is a product of training and experience. When situations exceed ability, officers can be in jeopardy, physically and legally. Safety is about being prepared for any situation. Our programs empower officers to survive the reality of the operational environment.

Tactical training must fulfill 3 criteria - it must be *simple*, *effective* and *defensible*. Our programs are designed around a singular concept - '*total officer safety*' - and combine what officers '*must do*' with what they actually '*will do*' under the stress of actual confrontation.

These courses will benefit ALL officers, regardless of experience, and progressive organisations serious about the safety and professionalism of officers. Content can be *customised* to suit specific operational requirements, and organisations can request specific 'closed' courses for their staff only. We can also assist with annual re-certifications and provide regular opportunities to further develop officer survival skills in a positive environment with the guidance of qualified, experienced and professional instructors.

Train with confidence. Our programs are designed for Australian operational conditions, using field-proven strategies benchmarked against current national and international standards for operational use of force, and are fully approved by Licensing Services Division, Victoria Police. Programs include extensive full colour manuals with clear explanations and visuals, providing a valuable reference for officers and organisations.

Be *proactive* about operational safety...enquire today!



Extracts from OST manuals

# Empty Hand

## Protect Self & Others

Covers the process of applying basic defensive techniques in security risk situations. It requires the ability to use basic defensive techniques to protect self and others within requirements of applicable legislation.

(Code: CPPSEC2017A)



## Control Persons with Empty Hands

Covers the process of selecting and applying appropriate empty hand techniques to minimise risk to self and others. It requires the ability to use force in situations where there is a risk to safety, within requirements of applicable legislation, and knowledge of the procedures for conducting an arrest.

(Code: CPPSEC3013A)



# Handcuffs

## Restrain Persons Using Handcuffs

Covers the process of using handcuffs to restrain a person. It requires the ability to make sound judgments on the necessity of using handcuffs, restrictions that apply to use, and knowledge of the correct procedures for safe and secure application.

(Code: CPPSEC3015A)



# Batons

## Control Persons Using Baton

Covers the process of controlling a person with a baton. It requires the ability to present batons confidently, to use batons to defend oneself or another, to direct persons within lawful parameters, and knowledge of how people behave in conflict situations where force is likely to be used.

(Code: CPPSEC3014A)



# Firearms

## Control Security Risk Situations Using Firearms

Covers the process of identifying when to use a firearm to respond to a life-threatening situation. It requires the ability to analyse risk factors, to maintain and store firearms and ammunition in accordance with legislative requirements, and knowledge of use of force guidelines and incident reporting procedures.

(Code: CPPSEC3008A)



# Simulation Training

The most effective training method available, enabling officers to do more than just walk through light scenarios - they can participate in *reality-based training* safely!

Simulation training can be adapted to cover most operational scenarios.

Enquire today and see how Simulation training will benefit your organization.

*Real time, real threat...there is no substitute for total realism!*

